

**PATIENT POSITIVE
INFLUENCES**

Name _____

Date _____

PATIENT POSITIVE INFLUENCES

Please respond to the statements below with the appropriate response to the right.

Strongly Agree Agree Not Sure Disagree Strongly Disagree

1. I tend to get frustrated with my patient's unwillingness to follow the suggestions or medical advice I give them	SA	A	NS	D	SD
2. I could do a better job of creating a safe and non-judgmental communication environment for my patients	SA	A	NS	D	SD
3. I could do a better job of creating effective feedback with my patients so that they are honest with me about which approaches of mine are effective in influencing their behavior	SA	A	NS	D	SD
4. I tend to prescribe medical goals for my patients that they are not necessarily interested in	SA	A	NS	D	SD
5. I am good at compassionately reminding my patients that it is <i>their</i> life that is affected by their medical choices and actions	SA	A	NS	D	SD
6. I am good at using or leveraging my client's own complaints or goals to increase their self-responsibility for taking better care of themselves	SA	A	NS	D	SD
7. I am good at building off of my patient's own interventions and strategies	SA	A	NS	D	SD
8. I am good at not judging my patients for their unhealthy or self-harmful behaviors	SA	A	NS	D	SD
9. I am good at using positive reinforcement, support and encouragement in helping my patients realize their own goals	SA	A	NS	D	SD
10. I am good at identifying my patients as self-responsible, resilient, determined and as having the internal qualities or characteristics they most need to deal with their medical issues or problems	SA	A	NS	D	SD
11. I am good at helping my patients identify prior situations where they have successfully dealt with the same or similar issues	SA	A	NS	D	SD
12. I am good at creating positive expectancy for my patients and predicting their success when this does not create unrealistic or false hope	SA	A	NS	D	SD